

# IN THIS EDITION





MEET OUR TEAM

YOGA - THE SCIENCE OF THE SOUL

GRAND SHOW

MODEL UNITED NATIONS





THE ROLE OF TRIBAL UPRISING IN THE INDIAN STRUGGLE

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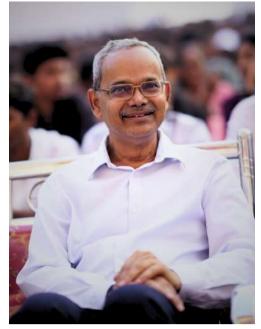
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Sri. Vasireddy Vidyasagar, Chairman

#### Dear Children,

As we are publishing a new school magazine, I'm reminded of a whimsical idea that has fascinated many great minds: the notion of reverse aging. Imagine starting life as an old person, with all the burdens of age, and then gradually growing younger, finally becoming a carefree, joyful child. Many intellectuals and literary giants have dreamt of such a life, yearning to return to the innocence and happiness of childhood.

So, here's the truth: you are already living the part of life that is most cherished. Even the most successful people in the world often look back and long for the simplicity, joy, and wonder of being a child. You are in a phase of life that others can only envy, a time filled with curiosity, laughter, and boundless possibility. So, embrace your innocence, cherish your happiness, and as you grow older, hold on to these precious qualities. They are gifts that will keep you young at heart, no matter how much time passes.

Enjoy your precious childhood!

f. Cen

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## The Magazine Team









# THE SCIENCE OF THE SOUL

Yoga is an ancient Indian practice that is said to bring about health in the body, mind, and soul through a combination of physical postures, breathing techniques, and meditation. Modern yoga is deeply entrenched in spirituality and is often directed toward health enhancement and stress reduction. It will provide advantages from the scope of yoga to boost our wellness level and will help to progress in school life, sports life and daily life too.

Yoga also relieves stress. The tensions during school time because of exams, homework, and such can be washed away as yoga soothes the body amid these disturbances. The deep belly breathing in yoga will help one focus on the moment and forget their worries and thus assuaging anxiety. Practising yoga will mentally prepare students to face whatever stressor comes their way, and not burn out. Yoga also has several physical advantages.

There are many kinds of poses, or asanas, used to gain flexibility and strength. Most people spend too much time leaning on the computer screen or buried under books.

All this makes them experience back, neck, and shoulder pain. There are many asanas which can relieve tension from tight muscles and help one's posture. This makes the body hard and resistant to injuries in other sports or physical activities. It is especially useful for athletes, as it develops flexibility and balance - very important winning elements in sports.

It can give mental clarity and concentration that assure success in academics. Some postures increase blood flow to the brain, thus sharpening one's focus improving memory. This is especially helpful during study sessions or examinations when one needs to concentrate and recall. Most students agree that after a voga session, they are more alert and better equipped to absorb information. Yoga teaches people to be mindful or present in the moment.Lastly, voga gathers people together and builds up community. Ideally, a person can exercise voga alone, but most wish to have class sessions or work out with friends.

Yoga sessions would therefore be an activity for which people identify

themselves by bonding and feel proud of themselves.

The social obstacles will therefore break off; and all in the environment feel welcome, regardless of how fit or limber he or she is. In a nutshell, yoga is something that has loads of benefits for students. It reduces stress and improves physical health. It helps the students to focus more on life in school. Then, there is a bigger aspect of yoga: the feeling of community.

Without much preparation, one can begin yoga with a mat, a few minutes each day, and an open mind. At worst, yoga could be the best shot for anyone seeking changes in his or her overall wellness and academic performance.



R. Vineeth Grade 12







The Inter House Quiz contest went off very well with the Quiz Masters shooting brain teasers and ticklers. The hall exploded with energy, excitement and enthuse as they encouraged their House teams.

Each round was unique with not a hitch. The kids surely enjoyed it and were definitely edified. There was a healthy competitive spirit. We are sure what was done is going to help them in the long run.

My heartfelt thanks to the organisers/ team mates whose meticulous planning made this happen! You have always been supportive!

Thanks a ton Quiz Team!











VIVA TODAY

# MODEL UNITED NATIONS







The VIVA Model United Nations, which was conducted from July 19th to 21st, holds a memorable page in Andhra Pradesh's rich history. A conceptual first MUN for the region, which was attended by 350 students from over 15 schools, became a pathfinder for the new kind of diplomacy and global commitment which was promoted by students.

This was a big achievement for us but we went through a number of issues that helped us see how tough and creative we could be. VIVA MUN, at its very heart, was not only a single event but a genuine attempt to introduce the concept of the Model United Nations to a place where it was largely unfamiliar. Our actions were started with the hard part, which was to make the teachers and students understand why MUN matters, and what it gives them.





## MODEL UNITED NATIONS 2.0 |

















# THE ROLE OF TRIBAL UPRISINGS IN THE INDIAN FREEDOM STRUGGLE

When we think about the Indian freedom struggle, we often bring to the mind the tales of valiant freedom fighters like Jawaharlal Nehru. Mahatma Gandhi, Subash Chandra Bose, Bhagat Singh, and many of the brave souls who fought to bring Indians a sovereign country. We remember the Civil Disobedience Movement, the Non-Cooperation Movement, and the Ouit India movement.

Long before any of these were even a thought in the minds of their founders, the indigenous peoples of India were playing a crucial and often forgotten role in resisting the British rule.

The struggles, uprisings, and resistance movements by native communities like the Santhals, Bhils, Mundas, and Khasis, were among the earliest forms of organized resistance against British exploitation, and their importance in moulding the freedom struggle is indisputable.

#### **Origins of Tribal Resistance:**

Unlike agrarian and urban populations, the tribes had their own socio-political organizations, customs, and financial structures,

typically focused on foraging in forests for food, fuel, fodder and wood. British colonialization and exploitative policies led to a significant reduction in the autonomy of these tribes. The Forest Act, under which many key forests were declared to be Protected or Reserved Forests. was passed, and the local tribes were no longer able to enter the forests for their living. In 1793, the British introduced the Permanent Settlement, which reclassified tribal territories as taxable properties and allowed landholders to claim them.

Traditional land rights were ignored, and the new land revenue system harmed tribal communities, resulting in limited self-reliance. The locals had their lands seized and were forced into labour. Such oppressive acts lead to the tribes uprising and armed

rebellions.

#### The Santhal Rebellion:

It was one of the most important tribal uprisings of the colonial period, occurring in the present-day states of Jharkhand and Bihar. The Santhal tribe rose up in revolt against the exploitation by the British officers, zamindars, and moneylenders under the leadership of two brothers, Sidhu and Kanhu Murmu. The revenue collection system brought by the British had pushed the Santhals into a cycle of debt and exploitation and stripped them of their lands and dignity. This stirred unrest among tens of thousands Santhals, who rose up in protest.

They attacked the landlords and British officials who had caused them



#### TRIBAL UPSPRINGS

so much pain. Although the rebellion was soon suppressed by the British, it was a massive blow to the colonial system in the region. It left a lasting impression on the British, who eventually created the Santhal Parganas district, which granted a degree of autonomy to the Santhals.

#### The Santhal Rebellion:

The Bhil Uprisings were an indigenous group of the Western Ghats and central India. They also revolted multiple times against the rule of the British. The Bhil were forced to pay excessive taxes, forced into labour and their lands were stolen from them by the British and the local landlords. They rose in rebellion at the turn of the 19th century. Leaders like Govind Guru led large-scale movements among the Bhil of Rajasthan, Gujarat, and Madhya Pradesh.

#### The Khasi Uprising:

The Khasis of Meghalaya attacked the British using guerilla warfare tactics under the leadership of Tirot Singh when the British began planning to construct a road through the Khasi territory.

The Khasi saw this as a threat to their autonomy and self-governance. They felt it was an attack on their independence. They attached the British with guerilla techniques over the course of four years.

It was a success initially but was eventually brought to an end by the British. Tirot Singh was captured and died in captivity, but his resistance is one of the earliest symbols of tribal defiance against British rule in Northeastern India.

The Bhil movement was often characterized by guerrilla warfare tactics, although it was not fully successful in overturning British control, it significantly disrupted the colonial administration in the region. The Bhil, much like other tribal communities, fought against land dispossession and British attempts to control their resources.

#### Conclusion

The tribal uprisings in India were a crucial part of the broader struggle against British colonialism. The tribes revolted not only against economic hardship, but for their culture and autonomy. Although the tribal movements were suppressed locally, they laid the foundation for larger movements against British administration. They challenged British rule and exposed the exploitation and injustices of British policies.



R. Vineeth Grade 12





# ACHIEVERS GALLERY



Eswar Sai Vardhan of Grade 9 participated in 48th Sub Junior National Basketball Championship in Puducherry. Bagged 3rd price in State Level Junior Basketball Championship held in Ramachandrapuram, Godavari Dt.







B. Ishan of Grade 7 and Satyendra of Grade 10 secured 3rd Place in A.P. 9th Sub Junior Basketball Championship in Puducherry.







Swarna Sujith of Grade 6 secured  $1^{\rm st}$  Prize in 100 mts Free Style in Andhra Pradesh State Swimming Competition.

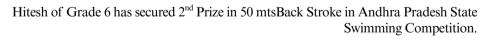
Second Prize in 50 mts Free Style in Andhra Pradesh State Swimming Competition.

M. Rajyalakshmi of Grade 9 has secured 2<sup>nd</sup> Prize in 100 mts Free Style in Andhra Pradesh State Swimming Competition.





Krishna Chaitra of Grade 9 has secured second Prize in 50 mts Breast Stroke in Andhra Pradesh State Swimming Competition. Also secured 2nd place in Rotary Chess Tournament.





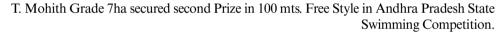


Dakshitanjali of Grade 7 secured  $3^{\rm rd}$  place in Badminton Competition conducted by Venu Badminton Academy.

# ACHIEVERS GALLERY



N Manaswini of Grade 8 was qualified for the state level in Shooting Competition.







Aadhya Maddula of Grade 5 secured  $4^{th}$  place in 300 mtrs TT with a timing of 38.75 cc. Also secured silver medal in IB PYP NETWORK SPORTS FEST.

B. Likitha of Grade 10 secured Gold medal at State Level, Gold in the district and Silver at National level.





Chukka Joel of Grade 11, represented Andhra Pradesh State Football Team for the 69th National School Games Football Tournament (under-19 category), held at Srinagar, Jammu & Kashmir from 6th October 2025 to 10th October 2025.

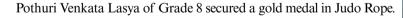
Bolla Eeswar Sai Vardhan & Bolla Satyendra have participated in multiple events like Inter District Juniors Tournament, Youth Inter District, Sub-Junior Nationals, and Sub-Junior Inter District. Bolla Ceswar Sai Vardhan and Bolla Satyendra both got 3rd place in Sub-Junior Inter District.







Pala Dhanush of Grade 10 participated in Inter Dist Club Meet Cricket and National Club Meet Cricket.







Kosana Poorima Srinivas of Grade 8 was qualified for the Nationals in Shooting (Air Pistol 10m), as well as District and South Zone.

# ACHIEVERS GALLERY



CBSE Clusters Baskeball Championship Under 14. The following students participated in the championship:

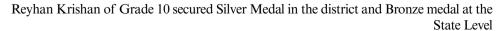
- 1) B. Nihal Grade 10
- 2) B. Satyendra Grade 10
- 3) A. Tanish Grade 7
- 4) B. Ishaan Grade 7
- 5) A. Saktheesh Grade 8
- 6) K. Nithish Anurag Grade 8
- 7) H. Manideep Grade 9
- 8) K. Kowthubadhra Grade 9
- 9) A. Dedeep Grade 9
- 10) K. Tejas Veer Grade 7
- 11) A. Aneesh Grade 7
- 12) T. Akiranandan Grade 8

Keertan Sai of Grade 4 won 2 Gold medals at District Level and also participated in State-Level. Also secured bronze medal in IB PYP NETWORK SPORTS FEST





Jaya Sri of Grade 3 won 2 Gold Medals and a Silver at District Level and also participated in state-level







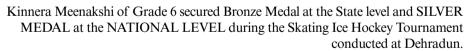
Ruthvik prudhvi of Grade 4 has bagged 3<sup>rd</sup> place in ALL INDIA ONE DAY OPEN CHESS TOURNAMENT 2025

Kanamarlapudi Siddhan of Grade 9 secured 3<sup>rd</sup> place in Nationals chess selection tournament and secured 1<sup>st</sup> place in Nationals abacus competition.





R Thusyanth of Grade 9 secured  $3^{\rm rd}$  prize in Amrican Regional Chess Tournament and participated in Guntur District Swimming Camp.





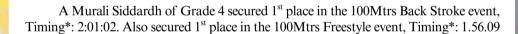


K. Kaivalya of Grade 7 secured 1st place in the 100Mtrs Back Stroke event, Timing\*: 2:01:06.

# ACHIEVERS GALLERY



Y Vijaya Shri of Grade 4 secured 1<sup>st</sup> place in the 50Mtrs Backstroke, Timing\*: 32:09. Also secured 1<sup>st</sup> place in the 50Mtrs Freestyle event, Timing\*: 30:02 and Bronze medal in IB PYP NETWORK SPORTS FEST.







Ch Neena Deepika of Grade 5 secured  $2^{nd}$  place in the 100Mtrs backstroke event, Timing\*: 1:22:08.

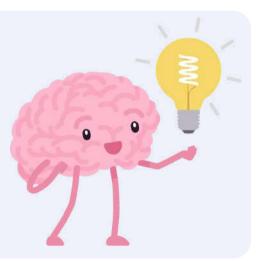
M Thanush Chandra of Grade 4 secured 1<sup>st</sup> place in the 50Mtrs Backstroke, Timing\*: 34:09.





## **Brain Training:**

- **1. Meditation:** Regular meditation practice can improve attention and reduce mind-wandering.
- **2. Focus exercises:** Try brain teasers, puzzles, or games that require sustained attention, such as Sudoku, chess, or focus-enhancing apps like Lumosity.
- **3. Working Memory Training:** Engage in activities that challenge your working memory, like memorizing sequences or lists.



# Apps and Tools:

- **1. Focus@Will:** Music specifically designed for focus.
- 2. Todoist: Task management.
- **3. RescueTime:** Time management and productivity tracking.
- **4. Evernote:** Note-taking and organization.



#### Remember:

- **1. Consistency is the Key:** Make focus-enhancing habits a part of your daily routine.
- **2. Be Patient:** Improving focus takes time and practice.
- **3. Identify Your Unique Challenges:** Experiment with different strategies to find what works best for you.









# **Environmental Adjustments:**

1.Create a Conducive Workspace: Eliminate clutter, optimize lighting, and maintain a comfortable temperature.

#### 2. Minimize Digital Distractions:

- Turn off notifications.
- Use website blockers (e.g., Freedom, Self -control).

# **Lifestyle Changes:**

- **1.Exercise Regularly:** Physical activity improves cognitive function and focus.
- **2.Sleep Well:** Aim for 7-9 hours of sleep each night.
- **3.Nutrition and Hydration:** Fuel your brain with a balanced diet and stay hydrated.
- **4.Limit Multitasking:** Focus on a single task to avoid divided attention.

## Time Management:

- **1.Prioritize Tasks:** Focus on the most important tasks first.
- 2. Break Tasks into Smaller Chunks:

Divide complex tasks into manageable pieces.

**3.Set Realistic Goals:** Establish achievable objectives and deadlines.





V. ANJANI PRIYA Grade 12 (2024-2025)

# TALENT TAPPING

#### True to every word!

We witnessed a scintillating afternoon with the VIVIANS storming the stage. All in all there were more than 140 students who participated in the contest, more than 50 students took the stage for the very first time.

We could sense the competitive spirit as each House was trying to outdo the others. It was really wonderful to see that each and every staff member painstakingly trained the children. It was awesome!







## TALENT TAPPING |









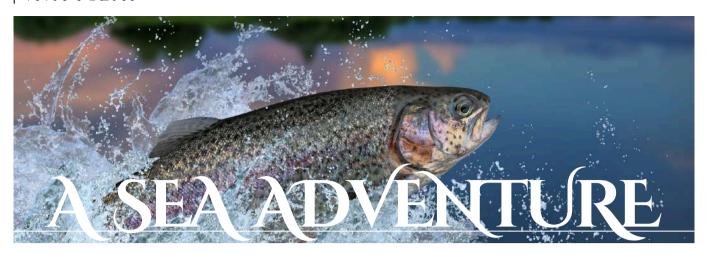














Students in grades 8, 9,11 and 12 BiPC had an exceptional time on their field trip to Nizampatnam. They eagerly explored and studied a diverse range of sea creatures, making the experience both educational and enjoyable. The trip was a memorable adventure for everyone involved.















# MY VOICE

"My Voice" is the echo of the Vivians' soul, the beat of their heart and rhythm of their life. It is the student's identity and strength.





# TREK TO THE UNDAVAUI CAVES

Grade 6 and 7 students had an enriching experience during their visit and trek to the Undavalli Caves in Vijayawada.





# PYP PARENTS' ORIENTATION

A parent orientation session with IB Programme Head, Ms Madhavi, discussing curriculum insights and innovative learning methodologies and a walk through for the parents about the school practices and standards.





## CENTER STAGE 5.1

Centre Stage 5.1 dazzled with an unforgettable display of students' creativity and talent. Featuring musical performances, energetic dances, and more, the event celebrated the unique abilities and hard work of students across all grades. Enthusiastic applause from peers, teachers, and parents highlighted the success of this confidence-building platform for artistic expression.





# DOCTORS' DAY CELEBRATIONS

Students had a sharing session in the school assembly on "I want to become a doctor because, I want to thank my doctor". All the students and staff wished the associated doctors in the VIVA community.





# FESTIVALOF FOREST: "VANAMAHOTSAV"

As part of the Festival of Forest, students explored native plants, shared their uses, and participated in Vanmahotsav by planting saplings. Each tree symbolizes hope and their commitment to a greener, healthier planet.





# MOCK-ELEICTIONS

Grade 4 and 5 students collaborated in a fun-filled Mock Election, where they designed creative manifestos with humorous proposals. Four candidates, nominated by the students, pledged to present the ideas to the school management. All students participated by casting their votes.

The activity helped students learn about campaigning, voting, polling booths, ballot boxes, election officers, polling agents, and preventing fake voting. Under teacher guidance, students took on all roles, making it an engaging and educational experience.





# FIELD TRIP TO LAM FARM

Students participated in Vanmahotsav by planting saplings to show their support for a greener environment. By nurturing these young trees, students take an active role in combating climate change, preserving natural habitats, and ensuring a healthier planet for future generations. Each sapling they plant symbolises hope and growth.





# CBSE WORKSHOP

A workshop for teachers was conducted by Ms. A. Sudha Rani, Academic Co-ordinator of Nalanda Vidya Niketan School and by Ms. P. Saikumari Shankar, Principal of Sir C R Reddy Public School on Experiential Learning aiming to create a student - centered inquiry - based learning environment that prepares students for success in an ever - changing world.





# THE AGES OF INNOCENCE -N.SOURABH GRADE 12

In that age when a mother's lap was home,
Our fortress warm, where wild dreams roamed.
Playgrounds stretched like kingdoms wide,
Swings, our chariots in sun's warm tide,
And laughter soared on each boundless breeze
The world so small, filled with ease.

Skies held dragons bold and high,
Oceans murmured with mermaids nigh.
Magic lived in twilight's light,
Fireflies danced and stars took flight.
Friendship was a crayon shared,
Secrets in sandboxes dared.

Scraped knees were badges of pride,
With Band-Aids worn, our courage tried
Rain meant puddles, paper boats,
Dreams afloat on currents' notes.
And birthdays glowed with candlelight,
Galaxies spun in wishes bright.

Bedtime prayers, whispers to the stars,
Promises sent to worlds afar.
We asked for courage, love, and light,
Cradled close in stardust's might.

#### THE QUIET GRAVE

The version of me that got buried
The one that begged to be seen
The good child, always right
Never too loud never too bright
But the rage, it built a home in my
chest

Now I'm calm, quiet
But there's a grave inside me
Where both love and rage both sleep
And no one sees the price I keep

#### A LOST CHILDHOOD

#### -R. VINEETH GRADE 12

Where did my childhood go?

Did I leave it behind,

With the seeds from my orange that never seemed to grow?

And just slept in earth's embrace

Perhaps it left and ran far
Hiding in the innocence of youth
While I learned about the horrors of war
The atrocities of man

Maybe I forgot it,
When I realised that,
The place where heaven and hell sit,
Weren't on any map?

To this day I wonder,
Where my childhood
Did go off to wander
Leaving me to think for myself

# "NATURE'S EMBRACE: A SONG OF SERENITY"

-K.CHETAN REDDY GRADE 7

The trees stand tall, their leaves so green,
A peaceful world, a tranquil scene.
The birds above them sing and sour,
In nature's arms, there's so much more.

The river flows with gentle grace, reflecting sky's endless embrace.

The mountains rise majestic, grand A mighty force across the land.

The flowers bloom in colors bright, turning fields into sea of light,
The breeze whispers through the air, with stories of nature's loving care.

The sun shines down, warm and kind, giving life to all we find, in every leaf, in every tree, Natures magic calls to me.

# అమ్మ

K. T. ဍ် ဪ္တန္

దేవుడుఅంతటొ ఉండలేక అందలినిస్తువానంగా చూడలేక అందలికప్రేమనుపంచలేక ఒకఅవతారమెత్తిఅమ్మనిచేశాడు ఆకమ్మనిపలుకే అమ్మ నొకిచ్చింబమధురమైనజన్మ పదొలుతెలియనిపెదవులకు అమృతవాక్యంఅమ్మ ఆమెచెల్లనిఒడిలోమొదలైంబిఈజన్మ,

# PORTRAITS

-D.BHARGHAV SAI GRADE12

Going through my portraits
Where no one ever waits
There loneliness is a trait
Since every smile is a bait.

Every portrait is a cage
Having heart as a mirage
The portrait of rage
Always passes like age
Because the artist might be a mage.

Many of them are queer Some of them will fear Few of them will fear And others are dear.

Every portrait is a vagabond
Always craves for a bond
In the weary pond
Can't say why is it so fond
Even though everything lands
on a heartless hand.

These portraits are of mountains
Always filled with stains
It is a Yeomans's domain
who always waits for rain.

Every Portrait with you
Comes with hefty fees
And portraits in past, with you
Leave stings like bees
Every Portrait is new
Since there are only few.

Better make some more
Because the pure core
will always lure
and might cure
Since the core is so rare
It asks a fearsome fare.

# The Angry Girl

On a bright, fine morning, as the sun rose over the quiet village, a girl named Annie was sleeping under a big tree. Her grandfather, Martin, came over and gently tried to wake her up. But when Annie opened her eyes, she was upset and scolded him for waking her up.

Her grandfather, who loved her very much and did everything for her, felt sad. He walked away slowly, with his head down. He tried to follow her to make sure she was safe, but Annie ran off quickly, leaving her poor grandfather alone, and he began to cry.

Up in the sky, God was watching everything. He decided to help and called his helper, Andrew. 'Go down to the village and find Annie,' God said, 'and help her understand how her actions make others feel.'

Andrew came down to the village, disguised as a kind man, and found Annie sitting by herself, looking grumpy. He walked up to her, but Annie snapped, 'Why are you bothering me? There are so many other people on Earth!'

Andrew just smiled and replied, 'I didn't mean to bother you. I just wanted to ask you a question.'

'Fine, ask quickly,' she said, crossing her arms. 'You're wasting my time!'

Andrew stayed calm and asked, 'Why are you always so angry with others?'

Annie thought for a moment, then said, 'Because adults were mean to me before, so now I'm mean to them.'

Andrew looked at her gently and said, 'I know how you feel. People weren't always nice to me either. But remember, two wrongs don't make a right.'

Hearing this, Annie started to feel sorry. She realized that her anger was hurting her grandfather, who loved her so much. She quickly ran back to him, and when he saw her, he was so happy. He hugged her, and they both smiled.

Later, Annie returned to the place where she had met the kind man. She asked him, 'Who are you?'

Andrew smiled and said, 'I'm Andrew, God's helper. God sent me to help you understand that being kind is always better.'

Annie smiled and thanked him, knowing now that she wanted to be kind to others.

Moral of the story:

- "Being kind to others is always better than being rude" And
- "Two wrongs do not make a right and kindness can help heal hurt feelings"



RAJ SAHARSH RAVULA GRADE 6

# WHO WILL GET THE REWARD?



A. MONICA Grade 12

Once, there lived a hardworking mother hen. She had two little chicks Jack and

Johnny. One day the hen decided to bake a cake. "You know, chicks, I will bake a cake" said mother hen. "Now first I have to go and get the things like milk, flour, sugar and eggs." "OK Ma, come fast," said Jack, "I will come with you," said Johnny Both Johnny and mother hen went to the market and bought all the things they needed. In the meantime Jack had a nap.

Johnny helped the mother hen in the preparation of the cake by giving her whatever she needed one by one. Finally, the cake was ready. Both Jack and Johnny were setting themselves up to have the cake. Mother hen served cake pieces to her chicks.

Jack burst out with anger as he was given a smaller piece and Johnny was given abigger one. Then mother said "Dear Jack, those who work hard get better reward." Then Jack realized his mistake and promised his mother that from the next time he would surely help her.

MORAL: People who work hard will be more successful.

#### TALENT SHOWCASE

# A SMALL LEAK CAN SINK A GREAT SHIP

Richman: "Hey man, young man. I need a big box."

Shopkeeper: "Okay, sir."

(The next day)

Richman: "Hey, I need something long." Shopkeeper:" We have a tall clock sir."

Richman: "Hmm... I guess it could add to my clock

collection. Pack it."
Shopkeeper: "Sure sir."

Every time the rich man came to the shop, he used to buy something from the shop which was useless to him. One day the rich man's phone was ringing.

Richman: "Hello?"

Stockbroker: "Hello? Have you seen your investment? You have made a big expense! I'm stopping your investment."

Richman: "No sir! Please, please, don't stop my investment .It will affect my financial wellbeing.

Stockbroker: "I don't care. I am stopping your investment."

The rich man was in deep from financial problems.

So, investors, remember my words... When it comes to our money, even small expenses and losses can make a big expense and add up to overtime. It will 'SINK' your investment.



P.JASWANTHIKA GRADE 7

## THE STUPID STONE

Once upon a time there lived a stone with his friends. One of his friends asked him to hang out. He replied, "Bro! I'll ask my mother". Then another one asked "Will you still ask permission to hang out?" Then the stone said,

"Yes,Bro! I ask them for everything, any problem?"
"No!" he said. When the stone went and asked his mother, his mother told "Ummmm..... ok, but be very careful" and he told "Mom, is it still necessary to take your permission?" His mom said "It's necessary". When they went out and the stone went walking without any care. Then a person took the stone and threw it in water. Then his friends got worried and went back to home feeling sad. The Stone's mother was worried that the stone didn't come home. He was not there in school, home, park, city, state and they started searching him in other countries too.... But he was not there. His parents, teachers, friends and family all got worried.

MORAL: Listen to your parents and elders and follow them.



M. SAI LEELA HASINI GRADE 6

# THINGS I CANNOT FORGET ABOUT THE YEAR 2024

My most unforgettable memory of 2024 was visiting Dubai. I had many amazing experiences there and interacted with many people from around the world. I visited Legoland and many other attractions in the city. I also learnt about the traditions, culture and cuisine of the region. A bad experience I had this year is of falling and fracturing my foot during my summer vacation. Initially, I was very bored and sad as I could not play with my friends. But I then I realised I could engage in a variety of other things such as drawing, reading and board games. I also spent a lot of quality time with my family. This experience taught me how to stay optimistic and make the best out of a difficult situation.



D. JAYAPRADEEP GRADE 5

# **TELUGU SHORT STORY**

పూర్వం ఒకానొక ఊరిలో ఇరువురు దంపతులు (రమణయ్య మరియు రమణమ్మ) అనే నివసిస్తూ ఉండేవారు. వారిద్దరు కూలి పని చేసుకుంటూ జీవనం సాగించేవారు. కొంతకాలానికి వారికి ఒక మగబిడ్డ జన్మించాడు. వారిద్దరు ఆ బిడ్డను అల్లారుముద్దుగా పెంచారు. కొంతకాలానికి అతనికి పాఠశాలకు వెళ్ళే వయసు వచ్చింది. ఆ బాలుడిని వారు ఆ ఊరిలో ఉన్న ప్రభుత్వ పాఠశాలలో చేర్పించారు. ఇలా కొద్ది రోజులు గడిచిన తర్వాత అతను ఉన్నత విద్యను అభ్యసించే వయసుకు వచ్చాడు. అలా అతను పాఠశాలలో అల్లరి చిల్లరిగా తిరుగుతూ తరగతి గదులలో గొడవలు చేస్తూ ఉపాధ్యాయులకు విసుగు తెప్పించేవాడు. ఈ విధంగా రోజులు సాగుతున్నాయి. కొద్ది రోజుల తర్వాత ఆ పాఠశాలకు కొత్త ఉపాధ్యాయుడు వచ్చారు. వారి తరగతులలో కూడా ఇదే విధంగా గొడవ చేస్తూ ఉంటే ఒక ఉపాధ్యాయుడు అతడిని శిక్షించాడు. అలా శిక్షించిన ఉపాధ్యాయుడికి ఎదురు తిరిగి సమాధానం చెప్పాడు.. అలా చెప్పగానే ఉపాధ్యాయుడికి ఇంకా కోపం వచ్చి మళ్ళీ శిక్షించాడు.

ఆ మరుసటి రోజు ఆ విద్యార్థి చేసిన తప్పు చెప్పకుండా ఉపాధ్యాయుడు శిక్షించినది చెప్పి తన తల్లిదండ్రులను పాఠశాలకు తీసుకొని వచ్చాడు. అల్లారు ముద్దుగా పెంచుకున్న కొడుకుడు కొట్టాడు అనే విషయం తెలిసిన వెంటనే అతని తండ్రి ఉపాధ్యాయుడిని చేసుకొంటూ ఉంటాడు. కొన్ని రోజుల తర్వాత ఆ విద్యార్థి తన చదువును ముగించుకొంటాడు.

ఆ తర్వాత ఆ విద్యార్థి చెడు వ్యసనాలకు బానిసై దొంగతనాలు చేయడానికి అలవాటు పడతాడు. ఆ విధంగా రోజురోజుకు తన దొంగతనాలు పెంచుకొంటూ భయంకరమైన దొంగగా మారాడు. ఈ విధంగా దేశం మొత్తం తన గురించి వెతికే విధంగా పెద్ద గజదొంగగా మారాడు. ఇలా కొన్ని రోజులు గడిచిన తర్వాత రక్షకభటులు అతనిని చెరసాలలో బంధిస్తారు. ఆ తర్వాత న్యాయస్థానంలోకి ప్రవేశపెడతారు. న్యాయమూర్తి వాదనలు అన్నీ విన్నతర్వాత అతని తప్పులు నిరూపించబడినందున అతనికి న్యాయమూర్తి ఉరిశిక్ష విధిస్తాడు. ఆ ఉరిశిక్ష వేసే ముందురోజు నీ చివరి కోరిక ఏమిటి అని రక్షకభటులు ప్రశ్నించగా నా తల్లి దండ్రులను కలవాలని చెప్తాడు. అప్పుడు రక్షకభటులు అతని తల్లిదండ్రులను చెరసాల దగ్గరకు తీసుకొని వస్తారు. వారిని చూసిన వెంటనే ఆ దొంగ బోరున విలపిస్తాడు. అది చూసి తల్లిదండ్రులు కూడా విలపిస్తారు. అప్పుడు ఆ దొంగ వారిద్దరిని కొడతాడు. ఆ సమయంలో అతని తల్లిదండ్రులు ఆశ్చర్యపడతాడు. నీకోసం మేము వస్తే మమ్మల్ని ఎందుకు కొడుతున్నావు అని అడుగుతారు. అప్పుడు అతను పాఠశాలలో జరిగిన విషయం గుర్తుచేసి ఆరోజు ఏమి జరిగిందో ఉపాధ్యాయుడిని అడిగి తెలసుకొని ఉంటే నాకు ఈ స్థితి వచ్చేది కాదు కదా అని అన్నాడు. అంటే నేను చేసిన తప్పును మీరు సమర్థించడం వల్ల నేను ఈ విధంగా మారాను. ఆరోజు నేను చేసిన తప్పును తెలుసుకొని నన్ను శిక్షించినట్లయితే నాకు ఈ పరిస్థితి వచ్చేది కాదుకదా అని విలపించాడు. ఆ విధంగా తన మీద తన తల్లిదండ్రులకు ఉన్న అతి ప్రేమ వలన అతని జీవితం మధ్యలోనే ముగించాల్సి వచ్చిందని బాధపడ్డాడు.



MR. MADHAV SHARMA

# MY NEW BICYCLE

My new bicycle so shining and bright, The smile on my face is so delight. The sun is glowing, the sky is blue, With my bicycle, there's so much to do.

New to riding, learning new skill.

Thought of falling makes me go chill.

First time I tried, I felt so scared.

My hand shook a little, because I wasn't prepared.

I learned that trying was the key to ride. Everyone has fear, there's nothing to hide. The world so big, so much to see. My bicycle and me, as happy as can be!



M. VIVAAN KRISHNA GRADE 4

## **A FRIEND**

A friend is someone we turn to, when our spirit needs a life

A friend is someone we treasure, for friendship to be a gift of two souls

A friend is someone who fills our lives, with sweet memories and joy

A friend makes the world we live in

A friend who hates you the most has more and more love for in his heart

But the hatred is expressed in the form of words and the love is expressed in his eyes as he doesn't lie like a human

A bond between friends, which comes first in sadness and last in happiness.



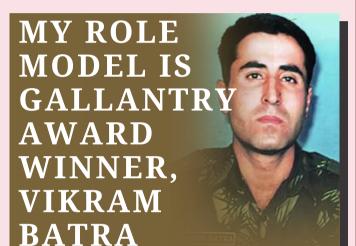
T. PRAVAL REDDY GRADE 12

#### THE LIFE

What you see is not what you think, What you think is not what you want, What you want is not what you love, What you love is not your life.



K. MANOJ GRADE 12



Vikram Batra was a brave warrior and an army officer of India. He fought bravely, ferociously in Kargil war against Pakistani troops of soldiers. He was also known as the "Lion of Kargil" and inspired many young soldiers and Indians with his sacrifice. His leadership has given me "INSPIRATION". He became a legendary and famous figure. He died in Kargil war when 7 bullets pierced into his body but went on till, he captured point 4875. He was strong in mind and worked hard. He helped his team during Kargil victory. He was posthumously awarded ParamVir Chakra, the highest Indian decoration. His famous slogan is "YE DIL MANGE MORE." DrBatra had unshaken determination in what he is asked to do. I salute to this selfless, brave soul and son of Indian soil.

#### **VANDEMATARAM**



V. ABHIRAM SRIYANSH GRADE 5

# నిరంతర శ్రమజీవి నా మాతృమూర్తి

మా అమ్మ ఉదయం లేచి తన దినచర్యను ప్రారంభించి యోగా మరియు వ్యాయామం చేసి మమ్మల్ని లేపుతుంది. మేము పాఠశాలకు వెళ్లడానికి తయారయ్యాక మమ్మల్ని పాఠశాలకు పంపుతుంది. ఆ తరువాత నాన్నగారికి అల్పాహారం తయారుచేసి వడ్డిస్తుంది. తన కార్యక్రమాలు ముగించుకొని దేవుడిగదిలో పూజాదికాలు నిర్వహించి, అల్పాహారాన్ని తీసుకుంటుంది

ఇదిమాత్రమే తన పని కాదంటూ నాన్న పనుల్లో సహాయం చేయడానికి ఆఫీస్కు వెళ్తుంది. ఓపికున్నంతవరకు అక్కడ తన బాధ్యతను నిర్వర్తిస్తుంది.

మేము ఇంటికి తిరిగి వచ్చే సమయానికి ఇంటిదగ్గర మాకోసం ఎదురుచూస్తూ ఉంటుంది. మా కార్యక్రమాలు ముగించుకొని వచ్చేసరికి కామధేనువులాగా కోరిన పదార్థాలను తయారుచేసి మాకోసం ఎదురుచూస్తుంది. ఆ పదార్థాలు మన ప్రాచీన ఆహారపునాన్న పనుల్లో సహాయం చేయడానికి ఆఫీస్కు వెళ్తుంది. ఓపికున్నంతవరకు అక్కడ తన బాధ్యతను నిర్వర్తిస్తుంది.

మేము ఇంటికి తిరిగి వచ్చే సమయానికి ఇంటిదగ్గర మాకోసం ఎదురుచూస్తూ ఉంటుంది. మా కార్యక్రమాలు ముగించుకొని వచ్చేసరికి కామధేనువులాగా కోరిన పదార్థాలను తయారుచేసి మాకోసం ఎదురుచూస్తుంది. ఆ పదార్థాలు మన ప్రాచీన ఆహారపు (రాగిసంకటి) అలవాట్లను గుర్తుచేస్తుంటాయి. మా చదువులకు అమ్మ సాయం లేకపోతే ఇక అంతే అన్నట్లుగా మాకు సాయం చేస్తుంది. అనుకోని సమయాన అతిథులు వచ్చినా వారికి మర్యాదలు చేసి కావలసిన ఏర్పాటు చేసుంది.

అమ్మ ఎంతో ఓర్పుతో, సమయస్ఫూర్తితో కుటుంబ బాధ్యతలు నిర్వహిస్తుంది. అన్ని విషయాల్లో మాకు సహకారం అందిస్తూ మా వెన్నుతట్టి ప్రోత్సహిస్తుంది. ఖాళీ అన్నమాట తనకు తెలియకుండా ఎల్లప్పుడూ ఇల్లంతా రకరకాల కళారూపాలతో అలంకరిస్తూ, ఇంటిని అందంగా ఉంచుతుంది. మాకు జ్ఞానబోధ చేస్తూ, స్ఫూర్తిదాయకమైన ప్రేరణనిచ్చే కథలను చెబుతూ మాలో చైతన్యాన్ని తెస్తుంది. ఇలా మాకు ధైర్యం ఇచ్చి, సమాజంలో ఎలా ఉండాలో నేర్పుతూ మారోజును పూర్తిచేస్తుంది. అందరూ అలసిపోయి నిద్రలోకి జారిపోయాక తాను మిగిలిన పదార్థాలను తిని నిద్రపోతుంది. అలసిపోని ఒక యంత్రమే మా అమ్మ. అన్ని యంత్రాలు ఆగిపోయినా నిరంతరం శ్రమించే మహామనీషి మా అమ్మ.



A.HUSANTH SUHAS GRADE 10

# LUNA AND EVEREST

#### Chapter 1: Luna's Dream

Once upon a time, there lived a girl named Luna and a boy named Hanu in Kathmandu, Nepal. They wanted to climb Mount Everest, but their parents never allowed them. One day, their parents had to go out of town, so they dropped Luna and Hanu at their grandparents' home for a few days.

Luna asked her grandfather, "Can we climb Mount Everest?" He replied, "Yes, of course! Let's all go trekking tomorrow."

"Hurray!" Luna and Hanu cheered as they rushed to pack their bags and necessities. They were very excited about their adventurous trek and went to bed dreaming about it.

The next day, it was a soft, sunny morning. Luna, Hanu, and their grandfather set out for Lukla, the mountain village, to begin their trek. On their way, they saw a girl and a man with a red-colored car on the road, asking for help. However, they did not stop, as they were eager to reach their starting point on time. When they finally arrived, it was time to begin their trek.

#### Chapter 2:

#### Narela - The Saviour

Luna was very happy. She started climbing quickly, and Hanu ran alongside her, competing with her by jumping over rocks and sliding down slopes. Their grandfather warned, "It's dangerous, be careful," but Luna didn't listen and continued.

After a while, as they were climbing, Luna slipped and tumbled down the slope. Their grandfather was terrified and shouted in fear. Hanu tried to catch her, but he couldn't. Just then, a girl named Narela jumped forward and caught Luna, saving her. Luna was safe and unharmed. They all praised Narela for her bravery and thanked her for saving Luna.

#### Chapter 3:

#### Narela's Hometown

Narela was from Switzerland. Her dream was to trek Everest. Her grandfather lived in Kathmandu, and he was a former Everest trekker. She had been deeply inspired by listening to his trekking experiences. Determined to fulfill her dream, she traveled to Kathmandu to visit her grandfather and prepare for trekking. When Narela and her grandfather were on their way to Lukla, their car broke down. That was when Luna and Hanu first saw Narela on the road, asking for help.

During their little trekking journey, Luna, Hanu, and Narela became very close friends. Before parting ways, they made a promise: after a few years, they would meet again and achieve their dream of climbing Everest.

After the trek, Narela returned to Switzerland

#### Chapter 4:

The World Record - Dream Come True

Years passed, and they all grew up. They underwent training in trekking, preparing themselves for the challenge ahead. Finally, Luna, Hanu, and Narela set out to conquer Everest.

They faced many great adventures along the way. After 32 days of intense and serious trekking, they finally reached the peak of Mount Everest. They planted their flag at the summit, marking their victory. They had made a world record and fulfilled their dream.

Through all the challenges, they remained friends forever

Moral:Dream big, never give up, and work hard to achieve your goals. Also, always help those in need!



V. ABHIRAM SRIYANSH GARDE 5



# ICE CREAM

An Ice cream seller went to sell ice cream near a school. When the bell rang, all the children and teachers came to buy ice cream. But there was no ice cream left. Then the ice cream seller went to the garage and loaded his ice cream truck and brought it to the school. In the evening, after selling all the ice creams, he went to bed. After that day he went to sell ice cream at the school and all the children and teachers came to the ice cream seller and everyone got the ice creams.



S. KARTHIKEYA, GRADE 4

# Fun **Facts**



S. Paarithosh Grade 10

Here are some of the biggest, tallest, and highest records in the world:

#### Largest:

- 1. Largest living organism: Great Barrier Reef
- 2. Largest water body: Pacific Ocean (155.6 million
- 3. Largest desert: Antarctic Desert (14 million km²)
- 4. Largest city: Tokyo (38,140,000 population)
- 5. Largest economy: United States (\$22.67 trillion GDP)

#### Tallest:

- 1. Tallest building: Burj Khalifa (828m, Dubai)
- 2. Tallest mountain: Mount Everest (8,848m)
- 3. Tallest statue: Statue of Unity (182m, India)
- 4. Tallest bridge: Millau Viaduct (343m, France)
- 5. Tallest waterfall: Angel Falls (979m, Venezuela)

#### Highest:

- 1. Highest mountain peak: Mount Everest (8,848m)
- 2. Highest city: La Rinconada (5,100m, Peru)
- 3. Highest airport: Daocheng Yading Airport (4,411m,
- 4. Highest railway station: Tanggula Railway Station (5,068m, China)
- 5. Highest altitude recorded: 12,756m (Felix Baumgartner's skydive)

#### Longest:

- 1. Longest river: Nile River (6,853km)
- 2.Longest highway: Pan-American Highway (48,000km)
- 3.Longest bridge: Danyang-Kunshan Grand Bridge (164.8km, China)
- 4.Longest tunnel: Gotthard Base Tunnel (57.1km, Switzerland)
- wall: Great China 5.Longest Wall (13,171mi/21,196km)

#### Deepest:

- 1. Deepest ocean trench: Mariana Trench (11,034m)
- 2. Deepest lake: Lake Baikal (1,642m)
- 3. Deepest mine: Mponeng Gold Mine (4,000m, South Africa)
- 4. Deepest cave: Krubera Cave (2,197m, Georgia)
- 5.Deepest part of the ocean: Challenger Deep (10,973m)





Sharthak Jain Grade 9

#### **LET'S KNOW OUR INDIA:**

#### **Round 1: History & Culture**

- 1. Who was the first emperor of the Mauryan dynasty?
- 2. Which ancient Indian city was the capital of the Indus Valley Civilization?
- 3. Who wrote the Indian national song "Vande Mataram"?

#### **Round 2: Geography & Environment**

- 1. Which river is the longest in India?
- 2. Which mountain range runs along the India-Pakistan border?
- 3. Which city is known as the "Garden City" of India?

#### **Round 3: Politics & Economy**

- 1. Who was the first Prime Minister of India?
- 2. Which Indian state has the highest GDP?
- 3. What is the name of India's space agency?

#### **Round 4: Sports & Entertainment**

- 1. Who is the highest wicket-taker in Indian cricket
- 2. Which Bollywood film is the highest-grossing film of all time?
- 3. Who is the winner of the first season of Indian Idol?

#### Round 5: Miscellaneous

- 1. What is the name of India's national animal?
- 2. Which Indian festival is celebrated as the "Festival of Lights"?
- 3. Who is the author of the Indian national anthem "Jana Gana Mana"?

#### Answers:

- Round 1: History & Culture
- 1. A) Chandragupta Maurya
- 2. A) Mohenjo-Daro
- 3. B) Bankim Chandra Chattopadhyay
- Round 2: Geography & Environment
- 1. A) Ganges
- 2. A) Himalayas
- 3. A) Bangalore
- Round 3: Politics & Economy
- 1. A) Jawaharlal Nehru
- 2. A) Maharashtra

- 3. A) ISRO
- Round 4: Sports & Entertainme
- 1. D) Anil Kumble
- 2. D) Dangal
- 3. A) Abhijeet Sawant
- Round 5: Miscellaneous 1. A) Tiger
- A) Diwali
- 3. A) Rabindranath Tagor

If you travel at the speed of light, it takes:

- 1.3 seconds to get to the moon
- 8.3 minutes to get to the sun
- 2000 years to get out of Milky way
- 90 billion years to get the edge of observable universe:

Young Genius: At the age of 14, Sabrina Pasterski built a single engine airplane. At the age of 16, she became the first person to fly their own airplane. She graudated from MIT in 3 years with a 5.0 GPA. Harvard University has titled her the next Einstein

A Master: Bruce Lee could do one arm push-ups on his thumb and index finger, do 50 one-arm chin-ups, throw a rice grain in the air and catch it with chopsticks

# **Benefits of Book** Reading





V. MANAVENDRA

#### 1. Mental Stimulation:

Book reading keeps your brain active and sharp, reducing the risk of cognitive decline.

#### 2.Stress Reduction:

Reading helps you relax and reduce stress levels.

#### 3. Acquisition of Knowledge:

Books are a great source of knowledge on various subjects.

#### 4. Vocabulary Expansion:

The more you read, the more words you will be exposed to.

#### 5.Better Focus:

Reading requires concentration, which increases your

#### **6.Better Writing Skills:**

Exposure to well-written work can improve your own writing style.

#### 7. Developing Empathy:

Fiction helps readers understand the perspectives and emotions of others.

#### 8. Cultural Awareness:

Books allow you to explore different cultures and ways of

#### 9. Self-development:

Non-fiction books provide actionable insights into personal growth.

#### 10.Entertainment:

Books provide endless entertainment without the need for technology.

# **GOOD FRIENDS AND BAD FRIENDS**

#### **FATHER'S LET**

Dear Sons,

Today, I want to discuss friends. Friends are important. Good friends are critical. You may think you know how to pick good friends, and to some degree you're right you know which kids are interesting, seem friendly, or are nice to you. You know which kids like doing the same things as you and which ones don't.

#### The Problem

The problem is that sometimes we think people are good friends when they may really not be. Or sometimes someone may seem like a good friend now, but may not be one in the long run. Why is it important in making sure we have good friends, and not just friends? For one thing, your friends greatly affect you - for better or worse. Some friends build you up and help you in life, while other friends can lead you down a bad path to a sad, hard life. Let's take a look at some of the things that make for a good friend vs. a bad friend.

#### **Good Friends Vs Bad Friends**

Good friends encourage you to follow your dreams. Bad friends make fun of you when you try something new. Good friends help others. Bad friends make fun of others who need help. Good friends work hard. Bad friends do very little other than play and want others to do their work for them. Good friends push themselves to be better. Bad friends are happy doing the minimum required. Good friends are honest. Bad friends regularly lie and may even steal. Good friends don't do drugs or alcohol. Bad friends encourage you to do drugs or alcohol. Good friends are happy you have a strong family. Bad friends tell you to hide things from your family. In short, good friends are people who adhere to our family code.

#### **Important**

Just because a friend does a few bad things doesn't necessarily mean he is a bad friend. Sometimes you have to search for good friends, Good friends are important to have a fulfilling, happy and successful life. Just make sure you are doing a good job of picking them and don't settle for bad friends. Believe it or not, sometimes it can actually be better to be lonely than to settle for bad friends. And sometimes you need to make an effort and seek out good friends, not just wait for one to show up. But sooner or later, good friends will always appear, and it's worth the wait.

Sincerely, Fathers Everywhere

> V. KEERTHI PRIYA GRADE XI



# **PIONEERS OF** PROGRESS



#### Mahatma Gandhi

Gandhi's method of non-violence (Ahimsa) and Satyagraha teaches us that even the most challenging goals can be achieved through peaceful means and integrity.



Ambedkar's fight for social equality emphasises the importance of advocating for the rights of the underprivileged and working towards a more just society.



#### Sardar Vallabhbhai Patel

Patel's role in unifying India highlights the significance of strong leadership and the power of unity in overcoming division.

#### Mother Teresa

Mother Teresa's life teaches us the value of serving humanity, humility, and the impact of kindness, no matter how small the act.





#### <mark>APJ Abdul K</mark>alam

Kalam's journey from a small-town boy to India's Missile Man shows the importance of dreaming big, hard work, and perseverance in achieving one's

#### Jawaharlal Nehru

Nehru's emphasis on education and scientific development teaches us the importance of investing in knowledge and technology for a nation's growth.



#### <mark>Swami Vive</mark>kananda

Vivekananda's teachings inspire selfbelief, spiritual strength, and the pursuit of one's potential.

#### Raja Ram Mohan Roy

Roy's efforts against social evils like Sati and child marriage demonstrate the importance of social activism challenging outdated practices.





Tata's contribution to industry and his focus on employee welfare and ethics set an example for responsible business leadership.

#### Dr. Verghese Kurien

Kurien's work in the White Revolution shows the power of empowering local communities and leveraging innovation to transform an industry.





M. SAHARSH GRADE XII

## ALUE OF



K.L.V.S.N.DURGA RAO, GRADE VII

"Time and tide waits for none", is a proverb that emphasizes the unstoppable nature of time.

It suggests that time keeps moving forward, just like tides of the ocean, which come and go without pausing for anyone. This saying serves as a reminder to make the best use of the present moment, as opportunities may pass by and cannot be reclaimed. It encourages people to act promptly and realize the value time, as it waits for none.

#### CAN YOU SOLVE ? - RIDDLES

- 1. Three people were in a room. Only two walk out of the room. But the room is empty.
- Where is the third person?
- 2. A man is in a grocery store and fills a shopping cart. He walks out of the store without payment but no one stops him and no one calls the police. Why? 3. A notorious thief is condemned to death. He has to choose from three rooms to accept his punishment. The first room has a firing squad with guns loaded. The second room has a murderer blasting fire. The third room is full of tigers that haven't eaten for 6 months. Which room will he

#### Answers:

choose?

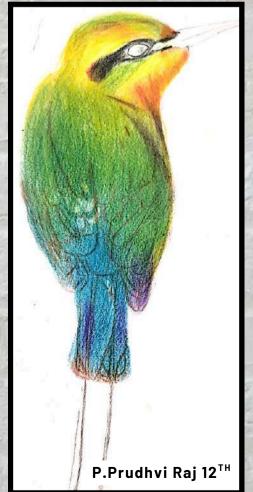
- 1. The third person was in a wheelchair and was wheeled out.
- 2. The man is an employee of the store and was filling the cart with trash to take out to the dumpster.
- 3. The Third Room. Tigers that haven't eaten for 6 months would not be alive.

# MANAS









### CANVAS CORNER |



















MR. K. Vamsi Krishna Visual art teacher



2025 NOV | 36









SANKRANTHI SAMBARALU 2025









**UTTARAKHAND TRIP** 









#### REPUBLIC DAY









VIVA'S GOT TALENT

















ANNO VIVA 2025









#### ART EXPO









#### **CULTURAL FEST**









#### SCIENCE EXPO









YOGA DAY



INTER HOUSE SENIORS QUIZ COMPETITION







NATURE CONSERVATION DAY (GREEN PASSPORT)









TALENT TAPPING













#### **INVESTITURE CEREMONY 2025**





TELUGU DAY & SPORTS DAY









**INDEPENDENCE DAY 2025** 









**CENTER STAGE 5.2** 









INTER HOUSE SPELL BEE









INTER HOUSE CHESS COMPETITION













**TEACHERS DAY 2025** 





YESTERDAY ONCE MORE FOR A BETTER TOMORROW













INTER HOUSE SENIORS QUIZ COMPETITION













INTER HOUSE JUNIOR QUIZ COMPETITION



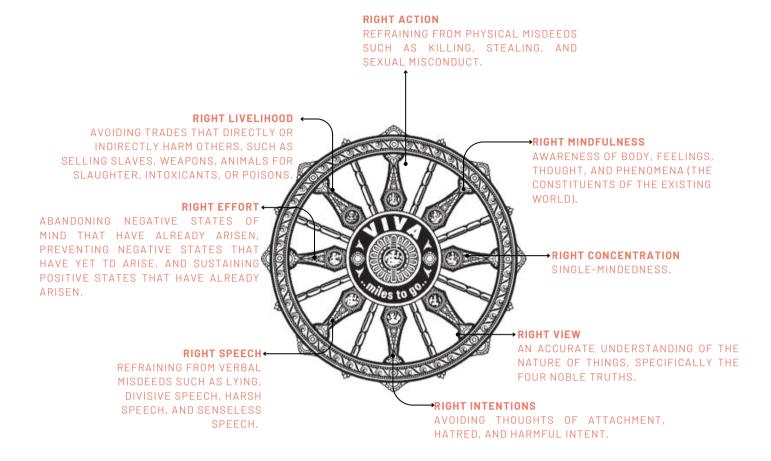






TWIN TO WIN

### EIGHT FOLD PATH



Eightfold Path, in Buddhism, is an early formulation of the path to enlightenment. The idea of the Eightfold Path appears in what is regarded as the first sermon of the founder of Buddhism, Siddhartha Gautama, known as the Buddha, which he delivered after his enlightenment. There he sets forth a middle way, the Eightfold Path, between the extremes of asceticism and sensual indulgence. Like the Sanskrit term Chatvari-arya-satyani, which is usually translated as Four Noble Truth, the term Astangika-marga also implies nobility and is often rendered as the "Eightfold Noble Path." Similarly, just as what is noble about the Four Noble Truths is not the truths themselves but those who understand them, what is noble about the Eightfold Noble Path is not the path itself but those who follow it. Accordingly, Astangika-marga might be more accurately translated as the "Eightfold Path of the [spiritually] noble." Later in the sermon, the Buddha sets forth the Four Noble Truth, the term Astangika-marga also implies nobility and is often rendered as the "Eightfold Noble Path."

According to a more widely used conception, the path to enlightenment consists of threefold training in ethics, in concentration, and in wisdom. Ethics refers to the avoidance of no virtuous deeds, concentration refers to the control of the mind, and wisdom refers to the development of insight into the nature of reality. The components of the Eightfold Path are divided among the three forms of training as follows: correct action, correct speech, and correct livelihood. So, we, the Vivians adopted this EIGHT FOLD PATH to become successful in every aspects of life.

I take pride in admitting that our school is run with Buddha's eight fold path incorporated in our curriculum. As the school management believes that children can excel and be successful, if they adhere to the eight fold path. We, children at school feel immensely happy the way each path is explained vividly in the form of short stories which are enchanting to listen to.

S.T. SRINIDHI GRADE 8



